

THE ADMINISTRATION OF THE BCSSA RULES AND REGULATIONS

These rules and regulations shall govern competitions and activities conducted by BCSSA (clubs, regions and province).

MISSION STATEMENT

The B.C. Summer Swimming Association promotes the development of its athletes through participation in competitive aquatic sports. BCSSA will therefore provide opportunities for training, competition, and related activities in communities throughout British Columbia and surrounding areas.

SECTION 1: REGISTRATION

A. CLUB REGISTRATION

1. Existing Clubs

- a] A registered club is a member of the BCSSA during the period of May 1st to April 30th each year.
- b] All BCSSA Clubs must be registered and be members in good standing under the Society Act and Registrar of Companies.
- c] A club must pay an annual BCSSA membership fee. The club must forward payment to the Regional Registrar by April 1st. The Regional Registrar shall forward the club membership list of participating clubs and the fees to the BCSSA Office, on or before April 15th of each year. A penalty may be assessed for late registration fees.
- d] All member clubs must sign up for BCSSA D&O coverage by April 15th of each year.

***Note:** Refer to Section 1. B, Individual Registration for further club responsibilities.

2. New Clubs

- a] To register a new club, the following criteria must be met:
 - i] The club must include five (5) or more competitors.

- ii] The club must include two (2) or more families.
 - iii] There must be an executive in place with a minimum of 3 individuals.
 - iv] The club must have a budget.
 - v] The club must not unduly infringe on any present BCSSA club.
- b] A group that wishes to register with BCSSA must:
- i] Apply to the Regional Executive for Regional approval.
 - ii] If approved by the Regional Executive, the Regional Director shall submit the application to the Provincial Board of Directors for final approval. All applications must be submitted by the January Provincial Board Meeting.
 - iii] Pay the club registration fee on or before April 1st to the Regional Registrar.
 - iv] Register and be a member in good standing with the Society Act and Registrar of Companies upon acceptance of registration with BCSSA.
 - v] A group wishing to register may appeal any decision by the Regional Executive, or the Provincial Board, to the Appeals Committee of the BCSSA.

B. INDIVIDUAL SUMMER REGISTRATION - COMPETITIVE SEASON

No competitor or coach may participate in BCSSA activities until fully registered with an affiliated club. Competitors and coaches not registered may not train, compete, coach or participate in any club activities.

1. The competitive season is May 1st to September 30th.
2. Member clubs must register all competitors and coaches in their correct age divisions or categories. At the time of registration, the specific aquatic activities of each competitor shall be correctly designated. All new registrants are required to

provide proof of age such as a birth certificate or a care card.

3. The annual Provincial **individual** registration fee shall be established by the BCSSA Board of Directors. (This decision is usually established at the Spring Board Meeting of the previous year.)
4. Each Regional Executive may levy Regional fees by such amounts as may be deemed necessary for regional activities or expenditures.
5.
 - a] The Club Data base for each aquatic sport, together with fees payable, must be forwarded to the Regional Registrar by the second Thursday of July in order to be eligible to compete at Regionals and Provincials. The Regional Registrar shall submit the registration data base and fees to the Provincial Registrar by the Monday two weeks prior to swimming Regionals.
 - b] A competitor who wishes to register with BCSSA after the competitive season's cut-off date (the second Thursday of July) may do so, but will be ineligible to compete at the Regional and the Provincial Championships. All applicable provincial, regional and club fees must be paid. This is effective from the annual cut-off date to August 31st. (These registrations must be submitted to the Provincial Registrar by September 15th).
 - c] Each registration must be validated before a competitor's first competition or by the second Thursday of July, whichever comes first.
6. A penalty of up to \$1000 may be imposed by the BCSSA Board of Directors against a region and/or club for failing to meet the two stated deadlines in B.5.
7. If a club allows a competitor or coach to participate in a BCSSA activity before that individual is correctly registered, the Club will be suspended immediately. A disciplinary committee, comprised of 3 members of the Board of Directors, or appointed Designates, and a non-voting chairperson, shall be appointed by the President or Designate, to assess the

suspension and to determine whether or not the suspension will be lifted and if any further sanctions will be applied.

8. **Competitor Categories shall be determined by aquatic participation in the non-competitive season and by the Age Locator which is published annually.**

a] **Swimming:** A swimmer's age as of **April 30th each year** shall be used to determine the competitor's category of competition each year. The competitor categories for swimming are:

| 'S' Swimmers | | 'O' Swimmers | |
|---------------------|-----------|---------------------|-----------------|
| Div I | 8 & Under | | |
| Div II | 9-10½ | | |
| Div III | 10½ - 12 | O1 | Div III & Under |
| Div IV | 12-13½ | O2 | Div IV-VI |
| Div V | 13½ -15 | Div VIII | 17 & Over |
| Div VI | 15-16 | | |
| Div VII | 17-19 | | |
| Div VIII | 20 & Over | | |

b] **Synchronized Swimming:** A swimmer's age as of **April 30th each year** , aquatic participation in the non-competitive season and skill level shall be used to determine the competitor's category. The competitor categories for synchronized swimming are:

Synchro Figures Categories

S Categories

Beginners' Tier

Div I and II

Div III and IV

Div V and over

Intermediate Tier

Div I and II

Div III and IV
Div V and over
Advanced Tier
Div I and II
Div III and IV
Div V and over

O category

O cat 1
O cat 2 and over

Synchro Routine Categories

S categories

Beginners' Tier
Div III and under
Div IV and over

Intermediate Tier
Div III and under
Div IV and over

Advanced Tier
Div III and under
Div IV and over

O Category

O cat 1
O cat 2 and over

- c] **Water Polo:** A water polo player's age as of **December 31st each year** shall be used to determine the competitor category. The competitor categories for water polo are:

P1 11 & Under

P2 12 & 13

P3 14 & 15

P4 16 to 18

- d] **Diving:** A diver's age as of **December 31st each year** shall be used to determine the competitor category. The competitor categories for diving are:

| S Divers - 1 meter | O Divers - 1 meter & 3 meter |
|---------------------------|---|
| 8 & Under | O1 Divers (10 & Under) |
| 9 & 10 | O2 Divers (11 - 13) |
| 11 & 12 | O3 Divers (14 - 19) |
| 13 & 14 | O4 Divers (20 & Over) |
| 15 & 16 | |
| 17 - 19 | |
| 20 & Over | |

S Divers - 3 meter

10 & Under

11 & 12

13 & 14

15 & 16

17 - 19

20 & Over

9. Protests of perceived breaches of competitor eligibility are to be submitted as soon as possible to the appropriate registrar following the

compilation of any documentation necessary to support the protest.

10. **Competitor Transfers**

- a] **Intra-region competitor transfer:** An intra-region transfer between two clubs within the same region requires approval from the Presidents or designates of each club. A transfer is initiated by the competitor and the *Transfer Form* must be completed. The receiving club registrar shall submit the *Transfer Form* to the Regional Registrar.
- b] If the transfer is within one region, the competitor does not have to pay any additional Regional or Provincial fees. Club fees are the responsibility of the competitor.
- c] **Inter-region competitor transfer:** An inter-region transfer between two clubs and two regions requires approval between the club Presidents or designates and the Regional Directors or designates. The Transfer shall be initiated by the competitor and agreed to by the home region prior to communicating to the second region. The *transfer form* must be completed and the receiving club shall submit the *Transfer Form* to the Regional Registrar.
- d] If the transfer is between regions, the competitor does not have to pay any Provincial fee but must pay any designated regional fees of the new region to the club registrar who in turn forwards the fees to the Regional Registrar. Club fees are the responsibility of the competitor.

Competitors may not transfer between clubs after the second Thursday of July.

11. **Specific Aquatic Assignments**

A competitor may become a member of a second BCSSA club in order to compete in a specific aquatic activity not offered by the home club or the home region. (This is based on the tenet that BCSSA supports and gives priority to the development of each aquatic activity within the competitor's region).

When registering competitors for the specific aquatic sport, the second club shall indicate the name of the home club on the *Assignment Form*.

- a] **Intra-region competitor assignment:** An intra-region assignment is when a competitor wishes to participate in a BCSSA aquatic sport not offered by the home club. This assignment is initiated by the competitor and the *assignment form* must be completed.
- b] If the assignment is within one region, the competitor does not have to pay any additional Regional or Provincial fees. Club fees are the responsibility of the competitor.
- c] **Inter-region competitor assignment:** An inter-region assignment is when a competitor wishes to participate in a BCSSA aquatic sport not offered by the home club or home region. This assignment requires written approval from the two clubs involved and the Regional Directors. This assignment shall be initiated by the competitor and agreed upon by the Regional Director prior to communicating to the second region. The *assignment form* must be completed and the competitor shall submit the form to the receiving club's registrar.
- d] If the assignment is between regions, the competitor must pay any designated regional fees of the new region to the club registrar who in turn forwards the fees to the Regional Registrar. Club fees are the responsibility of the competitor.
- e] When a competitor competes with another club for a specific sport that is not offered by the home club, the home club submits the *Registration Form*, and the receiving club submits the *Assignment Form*. Competitors may not be assigned between clubs after the Monday preceding the second Thursday of July.

12. Visiting Competitor

A visitor is a member of a registered BCSSA club who wishes to participate with a club other than the home club for a limited duration upon agreement by the visited club. Any applicable fees must be paid by the competitor and if competition arises, the visiting competitor competes for the home club. (The visited club must confirm that the competitor is duly and properly registered with the home club.)

13. Coaches

All BCSSA member club coaches aged 19 or older are required to have a CPIC check completed prior to being hired and commencing coaching duties. CPIC checks must be completed by all coaches 19 years and older for every new coaching position with a different club, and every 3 years if remaining with the same club.

The head coach of each club must have NCCP Level 1 or equivalent.

Clubs must submit the *Coaches Roster Form* to Regional Directors by May 15th. Club executives are to retain the CPIC checks and *Coaches Code of Conduct Forms* with their files.

Regional Directors are to submit completed information to the BCSSA Office by May 22nd.

When coaches are hired following the May 15th deadline, all necessary documentation must be submitted to the Regional Director within 7 days. Regional Directors are to forward this information to the BCSSA Office within 7 days.

14. The competitor or the club may exercise the right to appeal any decision under these rules to the Appeals Committee of the BCSSA whose adjudication and decision shall be final. In the interest of rendering a fair decision, all appeals must be submitted in a timely manner.

C. **INDIVIDUAL WINTER REGISTRATION - NON COMPETITIVE SEASON**

No competitor or coach may participate in BCSSA activities until registered with an affiliated club. Competitors and coaches not registered may not train, compete, coach or participate in any club activities.

1. The non-competitive season is October 1st to April 30th.
2. Member clubs must register all competitors and coaches. All new registrants are required to provide proof of age such as a birth certificate or care card.
3. The non-competitive season, provincial registration fee shall be established by the BCSSA Board of Directors (This decision is usually established at the spring Board Meeting of the previous year).
4. Each Regional Executive may levy Regional fees by such amounts as may be deemed necessary for regional activities and expenditures.
5. Registration & Programmes for the non-competitive season may commence September 1st with the closing date for registrations of April 30th of the following year.
6. The Individual Registration data base together with the appropriate fees must be forwarded by the club registrars to the Regional Registrars on or before May 7th.
7. The Individual Registration data base together with fees payable must be forwarded to the Provincial Registrar on or before May 15th.
8. If a club allows a competitor to participate in a BCSSA activity before that individual is correctly registered, the club will be suspended immediately. A disciplinary committee, consisting of 3 members of the Board of Directors, or appointed designates, and a non-voting chairperson shall be appointed by the President or Designate, to assess the suspension and to determine whether or not the suspension will be lifted and if any further sanction will be applied.

9. Protests of perceived breaches of competitor eligibility are to be submitted as soon as possible following the compilation of any documentation necessary to support the protest.
10. A penalty of up to \$1000 may be imposed by the BCSSA Board of Directors against a region or club for failing to meet the two stated deadlines in Section 1.C.6 & 7.

SECTION 2: COMPETITOR ELIGIBILITY

All matters of eligibility are the responsibility of the Provincial Registrar.

A. SWIMMING

1. All swimmers shall declare all aquatic participation between October 1st of the previous year through to April 30th of the current year that may affect their competitive status.

Swimmers who misrepresent their aquatic participation may be disqualified from all BCSSA competition within the current season. A disqualification shall take effect immediately and be in effect for twelve (12) months from the date of the disqualification.

2. **All swimmers must compete in their designated competitor categories.**
3. An 'S' (Summer) Swimmer is an individual who trains and competes with BCSSA for an unrestricted number of hours between May 1st and September 30th of each year.

From October 1st to April 30th an 'S' swimmer may:

- a] participate in a speed swimming training programme e.g. winter maintenance, provided the activity(ies) does/do not exceed a total of two (2) hours within any calendar week. A calendar week is Sunday through Saturday.
- b] not accumulate more than 4 hours of organized aquatic activity that consists of speed swimming, water polo, and synchronized swimming in one calendar week. The speed swimming component cannot exceed 2 hours of the four. A water polo game is counted as 20 minutes. A Synchro Routine Meet is counted as 20 minutes and a Synchro Figures Meet is not counted.
- c] train and compete in diving only with no restrictions.

- d] engage in programmes involving water safety, water rescue, NLS, Aquaquest, leadership training and other programs of the Canadian Red Cross Society of Canada, the YMCA, the YWCA and the "I Can Swim Program" stages 1 through 3, the "Synchro Star Programme" levels 1 through 6, or any similar agency or institution, at any time for any duration.
 - e] at any time, during the school year for a maximum of six (6) weeks, participate in swimming activities. Such participation shall be restricted to a physical education programme or activity which may be developed, organized or conducted as part of the curriculum of the school at which the "S" swimmer is normally in attendance.
 - f] between October 1st and November 30th in any year, engage in swimming activities for the specific purpose of competing in any swim meet which is recognized in the official program schedule of the annual swimming championship organized by any secondary school athletic association. Training for the school meet must be carried out by or under the direction of and/or supervision of the "S" swimmer's school.
 - g] Participate in the swimming competition in the Northern BC Winter Games.
4. An 'O' Swimmer is an individual who:
- a] participated in organized aquatic activity during the winter season October 1st to April 30th prior to registration, if any activity was in excess of the provisions in 3 stated above.
 - b] achieved a CASA/SNC Senior National Qualifying Time in a non-BCSSA approved meet within the last 3 years.
 - c] participated in a sanctioned SNC or equivalent swim meet that occurred outside of the May 1st to Sept 30th season.
 - d] participated in any winter swim meet, except for 2.A.3.f.

A Winter Swim Meet is a swim meet held during the non-competitive season of BCSSA.

A Swim Meet is a swimming competition involving two or more clubs with officials appointed for the express purpose of judging the correctness of each stroke and disqualifying swimmers who violate infractions observed.

Correctness shall be determined by any set of rules that are defined by a recognized swimming organization including BCSSA, SNC and corresponding organizations in other countries.

5. A swimmer may be registered as an 'S' swimmer following an 'O' membership on one (1) occasion only, except as in 4(b).
6. Any exemption requests must be brought to the BCSSA Board of Directors at the Fall Board Meeting.
7. Where it is established to the satisfaction of the Club, Regional or Provincial Registrar that a swimmer has contravened the provision of the Rules and Regulations, that registrar shall notify the Regional Director. The Regional Director shall disqualify the swimmer and shall notify in writing; the swimmer, the club president and the appropriate Registrars.
8. All 'S' and 'O' swimmers shall be treated equally.
9. The swimmer, or the club, may exercise the right to appeal any decision under these rules to the Appeals Committee of the BCSSA whose adjudication and decision shall be final.

B. WATER POLO

1. All water polo players shall declare all aquatic participation between October 1st of the previous year through to April 30th of the current year.

Players who misrepresent their aquatic participation may be disqualified from all BCSSA competition within the current season. A disqualification shall take effect immediately and be in effect for

twelve (12) months from the date of the disqualification.

2. Water Polo players who wish to maintain an 'S' Speed Swimming Status must adhere to the rules Section 2.A.3.
3. Water Polo players who wish to maintain BCSSA Synchro status must adhere to the rules Section 2.C.
4. **Player eligibility**

Player eligibility rules will be defined by the BCSSA Board. A player must be eligible to participate in BCSSA Water Polo on the BCSSA member team registration date.

A BCSSA player can only participate in Water Polo activities during the competitive season that have been approved by a BCSSA Standing Committee which includes; the Provincial Water Polo Director and two Regional Directors, as appointed by the President.

The following are ineligible to play BCSSA Water Polo:

- a] An athlete not registered with BCSSA.
- b] An athlete who is registered in the wrong age category.
- c] An athlete under suspension due to brutality.
- d] An athlete who has played with a BCWPA selected team at any of the following events:
 - i] Provincial Senior Championships,
 - ii] Youth, Junior or Senior National Championships,
 - iii] Any Senior Tier I Tournament,
 - iv] Any individual participating in a Water Polo Canada's National Team training or selection camp.
 - v] Participation on a Water Polo Canada Youth or National Team.

***Note:** A selected team also includes BCWPA clubs if they have attended one of these events.

***Note:** This exclusion of elite players is based on the tenet that BCSSA Water Polo is developmental in nature and that increased participation is to be encouraged. It further recognizes that the elite level players have adequate opportunities for both training and playing through National and International competition and other summer programs.

5. A player may appeal on one occasion only to the BCSSA Water Polo Director, for permission to return to BCSSA Water Polo after attending Juvenile Nationals and/or a Water Polo Canada Youth Camp. The player must sit out for a period of one year, prior to being eligible to return to BCSSA Water Polo.

6. **Team eligibility**

a] Each team shall consist of a minimum of 7 players, goalkeeper included, per team; three of whom must be girls, and three of whom must be boys. A minimum of three girls/boys must be in the water at all times; except as provided in b.

b] If a team has only three girls/boys and due to exclusions is reduced to two eligible girls/boys, the team will play one member short with only two girls/boys in the water.

c] If there is a further exclusion the team will play two members short with only one girl/boy in the water.

d] If all girls/boys from one team are excluded from the game, the team will forfeit the game.

e] Forfeits:

i] A forfeit will occur when an ineligible player is participating, or

if a team does not have 2 members of each sex to start the game.

- ii] A forfeit will occur when less than 6 members of a team are present at the start of the game.
 - iii] A forfeit will occur when a team does not satisfy the minimum player requirements (see 6.a.) at the end of the first period of play of the scheduled game.
 - iv] A forfeit will result in a score of 7-0 in favour of the winning team.
7. Any exemption requests must be brought to the BCSSA Board of Directors at the Fall Board Meeting.
 8. Where it is established to the satisfaction of the Club, Regional or Provincial Registrar that a water polo player has contravened the provision of the Rules and Regulations, that Registrar shall notify the Regional Director. The Regional Director shall disqualify the player and shall notify in writing: the player, the club president and the appropriate Registrars.
 9. The water polo player, or the club, may exercise the right to appeal any decision under these rules to the Appeals Committee of the BCSSA whose adjudication and decision shall be final.

C. SYNCHRONIZED SWIMMING

1. All synchronized swimmers shall declare all aquatic participation between October 1 of the previous year through to April 30 of the current year.

Synchronized swimmers who misrepresent their aquatic participation may be disqualified from all BCSSA competition within the current season. A disqualification shall take effect immediately and be in effect for twelve (12) months from the date of the disqualification.

2. Synchronized swimmers who wish to maintain 'S' speed swimming status must adhere to the rules in Section 2.A.3.

3. Competitor Categories – Figures

A swimmer's age as of April 30th each year, aquatic participation in the non-competitive season, and skill level shall be used to determine the competitor's category of competition each year.

a. Synchro age categories are based on the current BCSSA Swimming/Synchro age locator.

b. Skill Level

i. Beginners' Tier

The swimmer has no Synchronized Swimming experience (first year), or the swimmer may have swum Winter Maintenance, or have competed in only One Provincial Meet.

ii. Intermediate Tier

The swimmer has at least two (2) competitive swimmer seasons of experience (has competed in two or more Provincial Meets, or two (2) seasons of Winter Maintenance and does not meet the standards for the Advanced Tier).

iii. Advanced Tier

The Advanced Tier is meant to be a "challenging" level for BCSSA Synchro Swimmers who continue to compete over a number of years

The swimmer must be a Star 5 or above, or must meet the following standards:

- Hold a more – or – less vertical position in bent knee vertical at knee or higher for 5 seconds
- Starting in pike position, lift to crane, to vertical and sink, maintaining at least just below knee height in double vertical with no more than 20 degrees off the vertical line
- Hold a ballet leg single position for 10 seconds, with face out of the water and with the knee extension of the vertical leg
- The standards must be confirmed by a Coach and Star Tester before their first competition or water show

c. An 'S' (Summer) Synchro Swimmer is an individual who trains and competes with BCSSA for an unrestricted number of hours between May 1st and September 30th of each year. From October 1st to April 30th an "S" synchro swimmer may:

i. Participate in a synchro swimming training program eg., winter maintenance, provided the activity(ies) does/do not exceed a total of two and one half (2.5) hours within any calendar week. A calendar week is Sunday through Saturday.

ii. Not accumulate more than 4 hours of organized aquatic activity that consists of speed swimming, water polo, and synchronized swimming in one calendar week. The synchronized swimming component cannot exceed 2.5 hours of the four. A water polo game is counted as 20 minutes.

iii. enter only 2 Sanctioned Synchro Recreational Meets. A Synchro meet shall count as 20 minutes.

iv. Train and compete in diving only with no restrictions.

v. Engage in programs involving water safety, water rescue, NLS, Aquaquest, leadership training and other programs of the Canadian Red Cross Society of Canada, the YMCA and the "I Can Swim Program" stages 1 through 3, the "Synchro Star Program" levels 1 through 6, or any similar agency or institution, at any time for the duration.

vi. At any time, during the school year for a maximum of 6 weeks, participate in swimming activities. Such participation shall be restricted to a physical education program or activity which may be developed,

organized or conducted as part of the curriculum of the school at which the "S" synchro swimmer is normally in attendance.

vii. Between Oct 1st and November 30th in any year, engage in swimming activities for the specific purpose of competing in any swim meet which is recognized in the official program schedule of the annual swimming championship organized by any secondary school athletic association. Training for the school meet must be carried out by or under the direction of and/or supervision of the "S" synchro swimmer's school.

d. An "O" Synchro Swimmer is an individual who:

i. Participated in organized aquatic activity during the winter season October 1st to April 30th where any activity was in excess of the provisions in "c" stated above.

4. Competitor Categories – Routines

a. For the duet event, the competitors enter the age category of the older duet member.

b. For the duet event, the competitors enter the skill level Tier Category of the most advanced skill level duet member.

c. For the team event, the competitors enter the age category of the oldest team member.

d. For the team event, the competitors enter the skill level Tier Category of the most advanced skill level team member.

e. When duet or team members are in different age group or different skill level tier categories, each duet/team member must compete in his/her age and skill level tier category for the figures events.

5. The Synchro BC Star Program Levels 1 through 6 are exempted from the 4 hour rule.

6. Only Recreational Synchro BC Swimmers may participate in BCSSA events.

7. A 'B' athlete or equivalent who was previously registered with Synchro B.C. may appeal to the BCSSA Synchro Director to register with BCSSA after sitting out for a period of one year.

8. Any exemption requests must be brought to the BCSSA Board of Directors at the Fall Board Meeting.

9. Where it is established to the satisfaction of the Club, Regional, or Provincial Registrar that a synchronized swimmer has contravened the provision of the Rules and Regulations, that registrar shall notify the Regional Director. The Regional Director shall disqualify the synchronized swimmer and shall notify in writing, the synchronized swimmer, the club president and the appropriate registrars.

10. The swimmer, or the club, may exercise the right to appeal any decision under these rules to the Appeals Committee of the BCSSA whose adjudication and decision shall be final.

D. DIVING

1. All divers shall declare all aquatic participation between October 1st of the previous year through to April 30th of the current year.

Divers who misrepresent their aquatic participation may be disqualified from all BCSSA competition within the current season. A disqualification shall take effect immediately and be in effect for twelve (12) months from the date of the disqualification.

2. Diving does not affect speed swimming, synchronized swimming or water polo status.

3. An 'S' Diver is a competitor who dives two (2) hours or less per calendar week between October 1st of the previous year through to April 30th of the current year, and has not attained a DPC National Age Group Standard according to DPC rules.

4. An 'O' Diver is:

- a] a diver who dove for more than two (2) hours per calendar week between October 1st of the previous year through to April 30th of the current year.
- b] a diver who has, within the last 2 years starting May 1st attained a National Age Group Standard according to DPC rules.

(An 'O' Diver may revert to an 'S' status diver one time only, having done no more than two (2) hours per calendar week from October 1st of the previous year to April 30th of the current year and not attained a National Age Group Standard according to DPC Rules.)

- 5. A dive competition is counted as one hour.
- 6. The 'Learn to Dive" classes taught outside of a club practice are exempt from the two (2) hour winter maintenance allowable hours during the non-competitive season.
- 7. A diver who has attained a Senior National Standard according to DPC rules is ineligible to compete in BCSSA.
- 8. All exemption requests must be brought to the BCSSA Fall Meeting of the Board of Directors.
- 9. Where it is established to the satisfaction of the Club, Regional, or Provincial Registrar that a diver has contravened the provision of the Rules and Regulations, that Registrar shall notify the Regional Director. The Regional Director shall disqualify the diver and shall notify in writing: the diver, the club president, and the appropriate registrar.
- 10. All 'S' and 'O' Divers shall be treated equally.
- 11. The diver, or the club, may exercise the right to appeal any disqualification under these rules to the Appeals Committee of the BCSSA whose adjudication and decision shall be final.

SECTION 3: CONDUCT

The purpose of this section is to provide guidelines regarding BCSSA's expectations of all those who participate within its jurisdiction.

BCSSA has a duty to treat its member clubs, competitors, coaches, officials or individuals fairly and with respect and integrity: emotionally, intellectually, physically, culturally, socially, and spiritually.

It is important to BCSSA that all participants experience meaningful and gratifying opportunities in a safe, sportsmanlike environment.

To this end, all participants have a duty to:

1. Respect and understand the principles of good sportsmanship.
2. Promote safety, ensure fun, enjoyment and good competition.
3. Eliminate behaviours and actions which detract from a positive environment.
4. Not tolerate abuse or harassment by anyone during practices, meets, tournaments and any other BCSSA activities.

Everyone in attendance at a BCSSA event, whether athlete, volunteer, executive member or spectator is responsible and accountable for intervening, should inappropriate behaviour be observed.

Everyone should use common sense, evaluate the situation rationally and act accordingly when inappropriate behaviour occurs. Everyone present shares the responsibility of addressing the behaviour.

It is important to educate all individuals. Everyone is accountable for preventing incidents and resolving them should they occur. Individuals must learn to not 'pass the buck'.

Everyone must pay attention, get involved and never look away.

***Note:** Do not expect only BCSSA Executive Members and Officials to resolve improper behaviour.

BCSSA adheres closely to its Standing Policies:

1. Competitors' Code of Conduct

It is the duty of all competitors to:

- a] Respect and compete by the BCSSA rules.
- b] Resolve conflicts without resorting to hostility or violence.
- c] Respect your opponents.
- d] Respect all coaches and officials.
- e] Support all efforts to eliminate verbal and physical abuse from all sporting activities.
- f] Accept responsibility for your actions and behaviour.

2. Coaches' Code of Conduct

BCSSA has adopted the Coaching Association of Canada's Code of Ethics, its principles and its ethical standards. The purpose of this code is to establish and maintain high standards within the coaching complement of BCSSA, and to ensure that all coaches act in a manner respectful of the dignity of all competitors within the organization. All coaches are required to read and sign an acknowledgment that they will adhere to the code. The *Coaching Code Confirmation* Forms shall be retained by the club. (The Coaches' Code of Conduct is available through each member club or BCSSA Office.)

3. Officials' Code of Conduct

Officials in each aquatic activity (swimming, water polo, diving, synchronized swimming) are responsible for promoting the rules of BCSSA to all participants to the best of their ability. Officials' conduct should reflect professionalism through respect for all participants, knowledge of the rules, and the ability to act with integrity and neutrality in the application of the rules.

4. Parents' Code of Conduct

- a] Understand that your child plays sport for his/her enjoyment, not yours.
- b] Encourage your child to compete by the rules. Teach your child to resolve conflicts without resorting to hostility or violence.
- c] Teach your child that doing one's best is as important as winning. Offer praise for competing fairly and for trying hard.
- d] Do not yell at, or ridicule your child for making a mistake or for losing a competition.

- e] Applaud good performances from all competitors. Children learn best by example.
- f] Do not force your child to participate in sports.
- g] Respect and support ALL officials who participate in the sport.
- h] Support all efforts to remove verbal and physical abuse from children's sporting activities. Maintain self-control at all times.

5. **Harassment Policy**

BCSSA is committed to the prevention of harassment through the provision of awareness, education and training programmes. This policy applies to all employees, volunteers, club members, competitors, coaches, officials or individuals involved with BCSSA activities. Harassment is a serious matter and will be dealt with fairly, in consideration of the protection of individual rights and dignity of all people involved. The Harassment Policy is available through the BCSSA office.

6. **Communication**

BCSSA expects that all individuals, while communicating on matters related to this association, will adhere to the principles of courtesy, common sense, and dignity. Communication is vital to the successful operation of BCSSA. In all communications, individuals should convey respect for others and are entitled to that respect in return.

7. **Gender Equity**

Equity is the belief and practice of fair and just treatment for all individuals. Gender equity is the principle and practice of fair and equitable allocation of resources and opportunities for both genders. To be equitable, means to be fair, and to appear to be fair.

The implementation of gender equity eliminates discriminatory practices that prevent the full participation of either gender. BCSSA works to ensure that gender equity is a key consideration when developing, updating or delivering programs, policies, and projects.

Gender equity for BCSSA is a positive process designed to attract and include females and males and encourage an equitable level of participation in the sports of Swimming, Diving, Synchronized Swimming and Water Polo.

SECTION 4: SUSPENSION AND DISCIPLINE

The BCSSA Board of Directors, may at its discretion, suspend or discipline any member club, competitor, coach, official or individual. Such action may be taken for the following reasons:

- a] for non-payment of any BCSSA fees, dues, levies, fines or assessments and charges.
- b] for cause which shall include but not be limited to:
 - i] failure to comply with the rules and regulations of BCSSA, or
 - ii] failure to adhere to BCSSA standing policies, or actions or behaviour endangering the health or well being of a competitor, official, coach, or individuals of the BCSSA or the public, or
 - iii] failure to submit documents or other information requested by the BCSSA.
- A. The President, or Designate, on behalf of the Board may suspend any member club, competitor, coach, official or individual. A Discipline Committee shall be formed to deal with any suspension.
- B. A Discipline Committee shall be established by the President, or Designate, to deal with any disciplinary matters. The President, or Designate, shall appoint the Discipline Committee. The committee shall be comprised of 3 members of the Board of Directors, or appointed Designates, and a non-voting Chairperson.
- C. Where the discipline involves "cause", the affected member club, competitor, coach, official or individual, is entitled to notice and the particulars of any complaints, and the right to respond to the complaint. The notice of complaint must be in writing.
- D. The Committee Chair will notify, in writing, all relevant parties of the decision rendered by the committee.
- E. Any member club, competitor, coach, official or individual who has been suspended or disciplined may appeal any decision to the BCSSA Appeals Committee.

***Note: Water Polo**

All calls of Brutality and Misconduct occurring during a tournament shall be forwarded to the Tournament Chairperson/Director. In all other cases they will be forwarded to the BCSSA Water Polo Director.

Suspensions will be given if deemed necessary. Refer to rulebook Section 7:B.3.b.

SECTION 5: ACCIDENT/INCIDENT REPORTS

All accidents and incidents must be reported to the BCSSA office. The accident/incident form must be completed and submitted to the BCSSA office within 7 days, by the club president or designate.

SECTION 6: PROVINCIAL APPEALS COMMITTEE

- A. Any member club, competitor, coach, official or individual may appeal any decision or application of these rules to the Appeals Committee of the BCSSA whose adjudication and decision shall be final. All appeals shall be in writing, with full particulars and accompanied by a \$50.00 filing fee.
- B. An Appeals Committee shall be established by the President, or Designate, in order to deal with any appeals. The committee shall be comprised of 3 members of the Board of Directors, or appointed Designates, and a non-voting chairperson.
- C. The Appeals Committee shall hear evidence as it sees fit. However the appellant and the individual whose decision is being disputed shall each have the right to present their case to the Appeals Committee. The committee shall conduct its business in private.
- D. The Appeals Committee chair will notify, in writing, all relevant parties of the decision rendered by the committee.

SECTION 7: CONFIDENTIALITY

- A. To the extent possible, reports, complaints, statements and other documents produced during any procedure shall be held in confidence. However, no absolute guarantee of confidentiality may be made by the B.C. Summer Swimming Association.
- B. **PRIVACY**
BCSSA will treat all information provided from its member clubs in accordance with the Personal Information Protection Act set forth by the Province of British Columbia, January 1st, 2004.

SECTION 8: REGIONAL CHAMPIONSHIPS

All Regions shall organize and conduct a Regional Championship to qualify the competitors for the Provincial Championship. It shall be the responsibility of each Regional Director to ensure that the Regional Championship is properly organized and conducted.

A. SWIMMING

BCSSA swimmers as defined by these Rules and Regulations, shall be eligible to compete at the Regional Championship Meet only if they have competed in one scheduled OFFICIAL BCSSA SWIM MEET prior to this event.

An OFFICIAL BCSSA SWIM MEET is a swim meet that is attended by three or more clubs and offers all seven individual events in every age Division and Category. Further, it must be conducted using the rules of swimming as defined by the BCSSA rulebook.

1. Regional entries (individual and relay teams) must be submitted to the appropriate individuals by the date indicated in the Regional Meet Package. No entries will be accepted after the deadline.
2. All swimmers will be checked for eligibility by the Regional Registrar or designate.
3. A competitor may enter only 4 individual events and 2 club relays.
4. All individual events must be swum as heats and finals at Regionals.
5. Events may be combined.
6. Relays are swum as timed finals unless there are more teams than lanes. In that event, it shall be swum as heats and finals.
7. For relays, 4 swimmers and up to 2 alternates, must be listed on the Official Relay Entry Form. The age division for all swimmers and alternates must be entered on the Official Relay Entry Form. The form must be submitted by the deadline on the day of the event, in order to be checked for eligibility by the Regional Registrar. Disqualifications will result where it is confirmed

that an improperly constituted team swum. If one of the listed swimmers is ineligible to swim, an alternate may replace that swimmer to participate prior to the team reporting to the clerk.

B. WATER POLO

1. All water polo players must have participated at a BCSSA Water Polo competition prior to being eligible to play at Regionals. All competitors must have been listed on a game roster.

A Water Polo competition is a competition between two (2) or more clubs using the rules of Water Polo as defined in the BCSSA rule book.

2. If a Regional Championship cannot be scheduled, a request for an exemption must be submitted to the President of BCSSA one week prior to Swimming Regionals. When an exemption is granted, competitors are responsible to put on a scrimmage at Regionals to be eligible to compete at Provincials.
3. All water polo players will be checked for eligibility by the Regional Registrar or designate.
4. An individual may only appear on 2 water polo teams at Regionals.

(note: If an error is found before the competition begins, the entry form(s) will be returned to the club for correction. If an error is found after the competition begins, the player is still eligible for the first 2 teams he/she played for but is ineligible for the third team. A fine of up to \$100 may be assessed against a club for improper team registration.)

5. Any coach who has coached a team during the season will not be permitted to play with that team.
6. Where it is established that a player is ineligible the tournament chair shall be notified immediately. Any games played by

the ineligible player shall be forfeited and the ineligible player shall not be allowed to play in the rest of the tournament.

C. SYNCHRONIZED SWIMMING

1. All synchronized swimmers must have participated at a BCSSA Synchronized Swimming event prior to being eligible to compete at Regionals.

A BCSSA Synchro event is a competition between 2 or more clubs, or a watershow using the rules of Synchro as defined by the BCSSA rule book.

2. If a Regional Championship cannot be scheduled, a request for an exemption must be submitted to the President of BCSSA one week prior to Swimming Regionals. Where an exemption is granted, competitors are responsible to put on a synchro watershow at Regionals to be eligible to compete at Provincials.
3. All Synchronized Swimmers will be checked for eligibility by the Regional Registrar or designate.
4. The Regional Championship shall have the same events as the Provincial Championship.

D. DIVING

1. All divers must have competed in a full list of dives at a BCSSA Diving Competition or Event prior to being eligible to dive at Regionals.
 - a] A scheduled competition is defined as a meet that is conducted using the rules of diving as defined by the BCSSA Rule Book. The competition shall include two (2) or more clubs and shall offer a complete list of dives for all age divisions.
 - b] A scheduled event is a competition that is conducted using the rules of diving as defined by the BCSSA Rule Book.

The event includes a complete list of dives for all age divisions for one club.

2. All Divers will be checked for eligibility by the Regional Registrar or designate.
3. No Jumps or Fall-ins will be permitted in any age category except for 10 & Under, 3 metre events.
4. If a Diving Regional Championship Competition cannot be scheduled, a request for an exemption must be submitted to the President of BCSSA one week prior to Swimming Regionals. Where an exemption is granted competitors are responsible to put on a diving event at Regionals in order to be eligible to compete at Provincials.
5. The Regional Championships shall have the same events as the Provincial Championships.

SECTION 9: PROVINCIAL CHAMPIONSHIPS

The BCSSA Board of Directors shall organize and conduct the annual Provincial Championship to be held in the second half of August each year. The following shall be adhered to:

1. There shall be no changes to the Provincial Championship Rules and Regulations after March 31st of each year.
2. The Provincial Championship Meet Package shall be circulated to all BCSSA clubs no later than May 1st of each year.
3. Competitors must be correctly registered with the BCSSA for the current season.
4. There shall be a Provincial Trophy awarded to the top Region in each of the four aquatic sports.
5. All entries must be submitted to the BCSSA Office by the date (and time) indicated in the Provincial Meet Package.

A. SWIMMING

1. General Eligibility

- a] All swimmers must have swum at the Regional Championship Meet, except for swimmers entered in as club relay swimmers.
- b] All swimmers must be registered as "S" swimmers to participate in an "S" event (individual, club relay, or regional relay).
- c] All swimmers must be registered as "O" swimmers to participate in an "O" event (individual, club relay, or regional relay).
- d] All swimmers must swim in the competitor category (Division 1 - Division 8, Category 1 or 2) in which they were registered, except when participating on relay teams, and then subject to the conditions of relay team eligibility described in the rule book.
- e] A competitor may enter only 4 individual events, 2 club relays and 1 regional relay.
- f] For club and regional relays, 4 swimmers, and up to 2 alternates, must be listed on the Official Relay Entry Form. The age

division for all swimmers and alternates must be entered on the Official Relay Entry Form. The form must be submitted by the deadline on the day of the event, in order to be checked for eligibility by the Regional Registrar. Disqualifications will result where it is confirmed that an improperly constituted team swum. If one of the listed swimmers is ineligible to swim, a listed alternate may replace that swimmer to participate prior to the team reporting to the clerk.

2. Individual Events

a] Qualifiers

- i] The top 3 swimmers from the Regional Championship Final of each individual event qualify for the Provincial Championship Meet.
- ii] Any swimmer who attains a PQT in a Regional Championship Final individual event and does not place among the top three swimmers in the Final, also qualifies for the Provincial Championship Meet.

b] Replacements and Alternates

- i] From Regionals, replacements may be made for the top 3 qualifiers from the top swimmers placing 4th or lower from a Regional Championship Event Final (see chart below).

Only swimmers who qualify as the 1st, 2nd or 3rd place finishers from the Regional Championship Finals are eligible to be replaced.

Examples

6 lane pool

| Place | Ex 1 | Ex 2 | Ex 3 | Ex 4 |
|-----------------|-----------------|-----------|---------------------|---------------------|
| | No PQT | No PQT | PQT | PQT |
| 1 st | 1 st | not going | 1 st PQT | 1 st PQT |

| | | | | |
|-----------------|---------------------|------------------------|----------------------|----------------------|
| 2 nd | 2 nd | 1 st | 2 nd PQT | not going |
| 3 rd | 3 rd | not going | 3 rd PQT | 2 nd PQT |
| 4 th | 1 st alt | 2 nd | 4 th PQT* | not going |
| 5 th | 2 nd alt | 3 rd | 1 st alt | 3 rd PQT |
| 6 th | - | 1 st alt | 2 nd alt | 4 th PQT* |
| | | no 2 nd alt | | no alternates |

8 lane pool

| Place | Ex 1 | Ex 2 | Ex 3 | Ex 4 |
|-----------------|---------------------|---------------------|----------------------|----------------------|
| | No PQT | No PQT | PQT | PQT |
| 1 st | 1 st | not going | 1 st PQT | 1 st PQT |
| 2 nd | 2 nd | 1 st | 2 nd PQT | not going |
| 3 rd | 3 rd | not going | 3 rd PQT | 2 nd PQT |
| 4 th | 1 st alt | 2 nd | 4 th PQT* | not going |
| 5 th | 2 nd alt | 3 rd | 5 th PQT* | 3 rd PQT |
| 6 th | - | 1 st alt | 1 st alt | 4 th PQT* |
| 7 th | - | not going | 2 nd alt | 5 th PQT* |
| 8 th | - | 2 nd alt | - | 1 st alt |

* Not eligible to be replaced by alternate.

- ii] The top one or two swimmers placing 4th or lower in a Regional Championship event finals who did not obtain a PQT in the final may be listed as alternates for that event.
- iii] Alternates for an individual event can only replace the top three swimmers representing their Region in that event at the Provincial Championship.

3. **Club Relays**

a] Team Composition

- i] A club relay team shall consist of 4 swimmers. The composition may change between Regional and Provincial Championship, provided that

all swimmers meet the registration criteria of BCSSA.

- ii] For a relay team to be legal, at least one swimmer must be from the division entered.
- iii] Swimmers who did not participate at their Regional Championship are eligible to participate on a club relay.

b] Qualifiers

- i] The top 2 club relays in each relay event at a Regional Championship will qualify for the Provincial Championship.
- ii] Any club relay team that attains a PQT in the Final of a relay event when that event is swum as a Heats and Finals Event, also qualifies for the Provincial Championship Meet.
- iii] Any club relay team that attains a PQT in the final of a relay event when that event is swum as a Timed Finals event, also qualifies for the Provincial Championship.

c] Alternates

- i] Up to 2 alternate swimmers may be included on a club relay team and must be listed on the Official Relay Entry form.
- ii] One alternate relay team may be listed from each Regional Championship Relay event.
- iii] The alternate relay team may only replace those relay teams entered from the Region in the Provincial Championship as the top 2 qualifiers in the event.

4. **Regional Medley Relays**

a] Qualifiers

- i] A Regional Medley Relay team shall consist of 4 swimmers.
- ii] All swimmers must have competed at their Regional Championship

- iii] All swimmers must be from the same division or category for which the event is being staged, unless there is an insufficient number of swimmers available from that division. In that case, swimmers from lower divisions may be included to form the Regional Relay Team.
- b] Alternates
Up to 2 alternate swimmers can be included on a regional relay team and must be listed on the Official Relay Entry Form.

5. **Appeals**

- a] A Jury of Appeal shall be formed to review written protests regarding decisions.
- b] A Jury of Appeal may be named to act for the whole meet or appointed for specific protest situations.
- c] A Jury of Appeal shall preferably be composed of the most senior, neutral and experienced officials present and available at the Provincial Championship Meet who were not "major disqualifying or deck officials" at the time the protested event took place.
- d] The Regional Director of the Region involved in the protest shall be invited to attend as an observer.

6. **Regional Scoring**

Consolations: 9, 7, 6, 5, 4, 3, 2, 1

Finals: 18, 16, 15, 14, 13, 12, 11, 10

Relays: 36, 32, 30, 28, 26, 24, 22, 20

B. WATER POLO

1. **Qualifiers**

- a. The top team in each water polo division from Regional Championships shall qualify for Provincials.
- b. A water polo entry form to provincials should include the roster of 13 players and 2 listed Alternates. Individuals may be listed as an alternate on more than one form. Once an Alternate replaces a player on the roster, that alternate may not be used as an alternate on another team. Once a player on a roster is replaced by an alternate, that player may not return to that team for the duration of that tournament.
- c. An individual may only appear on 2 water polo teams at Provincials.

(Note: If an error is found before the competition begins, the entry form(s) will be returned to the club for correction. If an error is found after the competition begins, the player is still eligible for the first 2 teams he/she played for but is ineligible for the third team. A fine of up to \$100 may be

assessed against a club for improper team registration.)

- d. Any coach who has coached a team during the season will not be permitted to play with that team.
- e. Where it is established that a player is ineligible the tournament chair shall be notified immediately. Any games played by the ineligible player shall be forfeited and the ineligible player shall not be allowed to play in the rest of the tournament.

2. Tournament Schedule

The Tournament schedule will be determined by the number of teams in each division playing.

- a] Eight regions entering teams:
Two divisions of four teams will play a single round robin.
Following the round robin a cross over will take place:
 - i] 1st Place "A" vs. 2nd Place "B"
 - ii] 1st Place "B" vs. 2nd Place "A"
 - iii] 3rd Place "A" vs. 3rd Place "B"
(for 5th and 6th Place)
 - iv] 4th Place "A" vs. 4th Place "B"
(for 7th and 8th Place)
 - v] Loser Game 1 vs. Loser Game 2
(for 3rd and 4th Place)
 - vi] Winner Game 1 vs. Winner Game 2
(for 1st and 2nd Place)
- b] Seven regions entering teams:
The schedule in a] will be used with the exception that one division will only have three teams. Each division will still play a round robin.
Following the round robin the final round will take place as follows:
 - i] 1st Place "A" vs. 2nd Place "B"
 - ii] 3rd Place "A" vs. 4th Place "B"

- iii] 1st Place "B" vs. 2nd Place "A"
- iv] 3rd Place "A" vs. 3rd Place "B"
- v] Loser Game 1 vs. Loser Game 3
(for 3rd and 4th Place)
- vi] 3rd Place "B" vs. 4th Place "A"
- vii] Winner Game 1 vs. Winner Game 3
(for 1st and 2nd Place)

***Note:** Games 2, 4 and 6 comprise a three team final round, round robin to determine 5th, 6th and 7th place.

c] Six regions entering teams:

The preliminary round will consist of 2 pools of 3 teams.

Following the round robin the following games will take place:

- i] 2nd Place "A" vs.
3rd Place "B"
- ii] 2nd Place "B" vs.
3rd Place "A"
- iii] 1st Place "B" vs.
winner game 1
- iv] 1st Place "A" vs.
winner game 2
- v] loser game 1
vs. loser game 2
(for 5th and 6th place)
- vi] loser game 3
vs. loser game 4
(for 3rd and 4th place)
- vii] winner game 3
vs. winner game 4 (for 1st and 2nd
place)

d] Five or four regions entering teams:

The preliminary round will consist of a straight round robin with each team playing all other teams once.

Following the round robin the following games will take place:

- i] 2nd Place vs. 3rd Place

- ii] 1st Place vs. 4th Place
- iii] Loser game 1 vs. Loser game 2
(for 3rd and 4th Place)
- iv] Winner game 1 vs. Winner game 2
(for 1st and 2nd Place)
- e] Three regions entering teams:
If three teams are entered a straight
round robin will take place.

**Note: These formats will apply to all age
categories.*

3. Scoring for Round Robin

Teams will be awarded: 2 points for a win
 1 point for a tie
 0 point for a
 loss

4. Tie Breaking Procedures

- a] At the end of Round Robin Play:
 - i] points
 - ii] game results between the tied teams
 - iii] lowest goals against
 - iv] goal differential
 - v] coin toss
- b] Championship Round:
Should the score be tied at full time in any
game for which a definitive result is
required, sudden death overtime will
commence three minutes after the
completion of regulation time. The teams
will play a maximum of two, five-minute
running time periods. Assignment of
defending ends will be decided by a coin
toss. The team that scores the first goal
will be declared the winner.

If, at the end of two overtime periods the
score is still tied, the winner will be decided
by a shootout. Five players from each
team will alternately shoot on the opposing
goalkeeper in goal. The same goal in
deep water will be used by both teams.
The shot by each player will be taken in

the same manner as a penalty throw. If after five players from each team have completed their shots and the score is still tied, then the shooting will continue with the same five players, in the same order, until there is a score differential when each team has had an equal number of shots.

5. Tournament Scoring

Points will be awarded to the teams in the final standings as follows:

| | |
|-----------------------|----------|
| 1 st Place | 9 Points |
| 2 nd Place | 7 Points |
| 3 rd Place | 6 Points |
| 4 th Place | 5 Points |
| 5 th Place | 4 Points |
| 6 th Place | 3 Points |
| 7 th Place | 2 Points |
| 8 th Place | 1 Point |

C. SYNCHRONIZED SWIMMING

1. All synchronized swimmers must have participated at a Regional Synchro Championship in order to be eligible for Provincials.
2. For Figures, all BCSSA synchronized swimmers shall compete in their designated categories.
3. For Routines, synchronized swimmers shall compete in the highest category of the team members.
4. A Provincial Synchronized Swimming Trophy will be awarded to the top region at Provincials.
5. **Awards:**
 - a] Final placing in the figure competition for each figure event is determined by the figure scores.
 - b] Medals will be awarded to the top three finishers in each figure event.
 - c] Final placing for the routine competition for each age group is determined by the composite figure and routine score (Championship Score).

- d] Medals will be awarded to the top three finishers (Championship Score) in each routine event.
- e] Ribbons will be awarded from the 4th - 8th Place.
- f] Regional Scoring:
Figures: 9, 7, 6, 5, 4, 3, 2, 1,
Duet/Team: 18, 14, 12, 10, 8, 6, 4, 2

D. DIVING

1. All divers must have participated at a Regional Diving Championship Meet in order to be eligible for Provincials.
2. All BCSSA divers shall compete in their designated categories.
3. No Jumps or Fall-ins will be permitted in any age category, except for 10 & Under, 3 metre events.
4. A Provincial Diving Trophy will be awarded to the top region competing in Diving.
5. **Regional Scoring:**
Individual Events 9, 7, 6, 5, 4, 3, 2, 1